



The Mamingwey Burn Society hosted a very successful Go For the Burn Run, which took place on April 29, 2023 in beautiful Assiniboine Park, in Winnipeg. We were so thrilled to once again be able to hold this event live and in-person after pivoting to virtual runs for the last few years.

The Go For the Burn Run is a fundraiser, but also a way for us to raise our profile in Manitoba as well as promote health and wellness within the burn survivor community.



We had almost 220 people registered across all events (the timed 10K run, the timed 5K run, the 3K walk and the 3K Youth Run) who came from all across Manitoba and beyond. Our 60 volunteers were there to marshal the course, provide water and encouragement, serve food and much more.

The rain stayed away until everyone was done their event and was safely inside the big white tent for breakfast. We had a great morning and look forward to holding this important event again next spring!

Barbara-Anne Hodge
Chair, Mamingwey Burn Society
Race Director, Go For the Burn Run

