

5K - Go For the Burn

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	FREDERIC LAMONTAGNE	QUEBEC CITY, QUE	M: 1	Runner	1260	00:19:07.59	03:49	15.7kph	Overall Male Runner: 1
2	TOM CONNON	WINNIPEG, MAN	M: 2	Runner	1228	00:19:46.28	03:57	15.2kph	Overall Male Runner: 2
3	JOEL GUILLEMIN	WINNIPEG, MAN	M: 3	Runner	1243	00:19:54.99	03:58	15.1kph	Overall Male Runner: 3
4	ANDREW FERGUSON	WINNIPEG, MAN	M: 4	Runner	1239	00:20:33.53	04:06	14.6kph	Overall Male Runner: 4
5	PHILLIP PAWLUK	EAST SELKIRK, MAN	M: 5	Runner	1279	00:20:42.94	04:08	14.5kph	Overall Male Runner: 5
6	TEJAS BERTRAND-MEADOWS	WINNIPEG, MAN	M: 6	Runner	1213	00:20:58.66	04:11	14.3kph	Overall Male Runner: 6
7	SHAWN WATTERS	WINNIPEG, MAN	M: 7	Runner	1723	00:21:29.45	04:17	14.0kph	Overall Male Runner: 7
8	ROBERT COX	WINNIPEG, CAN	M: 8	Runner	652	00:21:33.79	04:18	13.9kph	Overall Male Runner: 8
9	SHELDON POHL	WINNIPEG, MAN	M: 9	Runner	1280	00:21:33.94	04:18	13.9kph	Overall Male Runner: 9
10	FRANCES TERICHOW PARROTT	WINNIPEG, MAN	F: 1	Runner	1765	00:22:00.96	04:24	13.6kph	Overall Female Runner: 1
11	KELSEY HUTH	WINNIPEG, MAN	M: 10	Runner	1754	00:22:05.75	04:25	13.6kph	Overall Male Runner: 10
12	STEPHEN TERICHOW-PARROTT	WINNIPEG,	M: 11	Runner	1288	00:22:13.69	04:26	13.5kph	Overall Male Runner: 11
13	NATHAN AYOTTE	MORRIS, MAN	M: 12	Runner	1771	00:22:50.53	04:34	13.1kph	Overall Male Runner: 12
14	JAYDEN MCCARTHY	MORRIS, MAN	M: 13	Runner	1770	00:22:53.23	04:34	13.1kph	Overall Male Runner: 13
15	JEDIDIAH DODD	WINNIPEG, MAN	M: 14	Runner	1233	00:22:54.62	04:34	13.1kph	Overall Male Runner: 14
16	BILL GAMACHE	CLANDEBOYE, MAN	M: 15	Runner	1241	00:23:01.39	04:36	13.0kph	Overall Male Runner: 15
17	JONATHAN HALES	WINNIPEG, MAN	M: 16	Runner	1244	00:23:03.53	04:36	13.0kph	Overall Male Runner: 16
18	GORDON FLETT	WINNIPEG, MAN	M: 17	Runner	1240	00:23:08.19	04:37	13.0kph	Overall Male Runner: 17
19	IAN MCCORRISTER	WINNIPEG, MAN	M: 18	Runner	1273	00:23:29.48	04:41	12.8kph	Overall Male Runner: 18
20	PETER HUGHES	WINNIPEG, MAN	M: 19	Runner	1250	00:23:37.99	04:43	12.7kph	Overall Male Runner: 19
21	JAMIE BARNABE	GRANDE POINTE, MAN	M: 20	Runner	1208	00:23:43.94	04:44	12.6kph	Overall Male Runner: 20
22	EDWARD WILLMOTT	WINNIPEG, MAN	M: 21	Runner	1731	00:23:53.26	04:46	12.6kph	Overall Male Runner: 21
23	TRESSA ALEXIUK	WINNIPEG, MAN	F: 2	Runner	1201	00:24:14.83	04:50	12.4kph	Overall Female Runner: 2
24	KARA BASHUTSKI	WINNIPEG, MAN	F: 3	Runner	1755	00:24:16.66	04:51	12.4kph	Overall Female Runner: 3
25	FREDERICA EMERY	ST ANDREWS, MAN	F: 4	Runner	1237	00:24:58.30	04:59	12.0kph	Overall Female Runner: 4
26	FINLAY MCCORRISTER	WINNIPEG, MAN	M: 22	Runner	1855	00:25:03.25	05:00	12.0kph	Overall Male Runner: 22
27	KEVIN MCCORRISTER	WINNIPEG, MAN	M: 23	Runner	1752	00:25:06.32	05:01	11.9kph	Overall Male Runner: 23
28	DANIELLE BURTCH	WINNIPEG, MAN	F: 5	Runner	1223	00:25:18.65	05:03	11.9kph	Overall Female Runner: 5
29	BRYAN MINTENKO	CARMAN, MAN	M: 24	Runner	1274	00:25:37.30	05:07	11.7kph	Overall Male Runner: 24
30	HEATHER MARKS	WINNIPEG, MAN	F: 6	Runner	1270	00:25:45.45	05:09	11.6kph	Overall Female Runner: 6
31	TEAGUE BERTRAND-MEADOWS	WINNIPEG, MAN	M: 25	Runner	1212	00:26:05.00	05:13	11.5kph	Overall Male Runner: 25
32	CLARA BERMUDEZ MAS	WINNIPEG, MAN	F: 7	Runner	1209	00:26:38.40	05:19	11.3kph	Overall Female Runner: 7
33	NIC BRENNAN	STONEWALL, MAN	M: 26	Runner	1753	00:26:40.68	05:20	11.2kph	Overall Male Runner: 26
34	ANDREW SWAN	WINNIPEG, MAN	M: 27	Runner	1296	00:26:43.32	05:20	11.2kph	Overall Male Runner: 27
35	NICOLE SORENSEN	WINNIPEG, MAN	F: 8	Runner	1294	00:27:01.48	05:24	11.1kph	Overall Female Runner: 8
36	GRACE JUNJIE HUSKRZENTA	WINNIPEG, MAN	F: 9	Runner	1248	00:27:04.39	05:24	11.1kph	Overall Female Runner: 9
37	BRENDA KRUEGER	WINNIPEG, MAN	F: 10	Runner	1259	00:27:39.86	05:31	10.8kph	Overall Female Runner: 10
38	AGOSTON FISCHER	WINNIPEG, MAN	M: 28	Runner	1744	00:27:40.74	05:32	10.8kph	Overall Male Runner: 28
39	OLIVIA BURTCH	WINNIPEG, MAN	F: 11	Runner	1224	00:27:59.54	05:35	10.7kph	Overall Female Runner: 11
40	ELIZABETH HAMPSON	GOLD BRIDGE, BRI	F: 12	Runner	1774	00:28:20.97	05:40	10.6kph	Overall Female Runner: 12
41	KIM ANTONIO	WINNIPEG, MAN	F: 13	Runner	1204	00:28:33.30	05:42	10.5kph	Overall Female Runner: 13
42	SHAYNE BERTHAUDIN	WINNIPEG, MAN	M: 29	Runner	1210	00:28:33.79	05:42	10.5kph	Overall Male Runner: 29
43	SHELLEY BORSCHAWA	WINNIPEG, MAN	F: 14	Runner	1218	00:28:52.00	05:46	10.4kph	Overall Female Runner: 14
44	TALIA BERTRAND-MEADOWS	WINNIPEG, MAN	F: 15	Runner	1211	00:29:15.27	05:51	10.3kph	Overall Female Runner: 15
45	SYLVIA PARK	WINNIPEG, MAN	F: 16	Runner	1278	00:29:28.03	05:53	10.2kph	Overall Female Runner: 16
46	LOUISE STUART	WINNIPEG, MAN	F: 17	Runner	1295	00:29:45.13	05:57	10.1kph	Overall Female Runner: 17
47	SARAH SEMMLER	WINNIPEG, MAN	F: 18	Runner	1291	00:30:06.85	06:01	10.0kph	Overall Female Runner: 18
48	JULIANA MARSON	WINNIPEG, MAN	F: 19	Runner	1271	00:30:15.59	06:03	9.9kph	Overall Female Runner: 19
49	SOPHIE SACCO	WINNIPEG, MAN	F: 20	Runner	1286	00:30:27.70	06:05	9.8kph	Overall Female Runner: 20
50	CANDACE GRAMMOND	WINNIPEG, MAN	F: 21	Runner	1242	00:30:30.83	06:06	9.8kph	Overall Female Runner: 21
51	NICOLE WEBSTER	WINNIPEG, MAN	F: 22	Runner	1724	00:30:52.99	06:10	9.7kph	Overall Female Runner: 22
52	GARY THOMAS	WINNIPEG, MAN	M: 30	Runner	1299	00:31:05.31	06:13	9.6kph	Overall Male Runner: 30
53	JOHN HART	WINNIPEG, MAN	M: 31	Runner	1246	00:31:18.72	06:15	9.6kph	Overall Male Runner: 31
54	MICHELLE SKAFFIELD	WINNIPEG, CAN	F: 23	Runner	1292	00:31:34.41	06:18	9.5kph	Overall Female Runner: 23
55	TATUM LINDLEY	STONEWALL, MAN	F: 24	Runner	1266	00:31:38.98	06:19	9.5kph	Overall Female Runner: 24
56	SHANE ANDRIES	STONEWALL, MAN	M: 32	Runner	1203	00:31:39.53	06:19	9.5kph	Overall Male Runner: 32

5K - Go For the Burn

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
57	CHRISTY ROGOWSKI	WINNIPEG, MAN	F: 25	Runner	1285	00:31:40.92	06:20	9.5kph	Overall Female Runner: 25
58	JULIE BOND	WINNIPEG, MAN	F: 26	Runner	1216	00:31:46.69	06:21	9.4kph	Overall Female Runner: 26
59	YVONNE KONIG	WINNIPEG, MAN	F: 27	Runner	1258	00:32:16.65	06:27	9.3kph	Overall Female Runner: 27
60	PAYTON JONES	WINNIPEG, MAN	M: 33	Runner	1252	00:32:35.77	06:31	9.2kph	Overall Male Runner: 33
61	MARY-KATE ANTONIUK	WINNIPEG, MAN	F: 28	Runner	1207	00:32:39.47	06:31	9.2kph	Overall Female Runner: 28
62	GRACE ANTONIUK	WINNIPEG, MAN	F: 29	Runner	1206	00:33:10.26	06:38	9.0kph	Overall Female Runner: 29
63	MANDY SHAW	WINNIPEG, CAN	F: 30	Runner	1856	00:33:19.27	06:39	9.0kph	Overall Female Runner: 30
64	AMANDA WHIKLO	ANOLA, MAN	F: 31	Runner	1730	00:33:35.42	06:43	8.9kph	Overall Female Runner: 31
65	MELISSA TANNAHILL	OAKBANK, MAN	F: 32	Runner	1297	00:34:26.57	06:53	8.7kph	Overall Female Runner: 32
66	TRACY TRAPP	WINNIPEG, MAN	F: 33	Runner	1300	00:34:26.76	06:53	8.7kph	Overall Female Runner: 33
67	JULIE RINGUETTE	WINNIPEG, MAN	F: 34	Runner	1284	00:34:43.94	06:56	8.6kph	Overall Female Runner: 34
68	K.C. KIESMANN	WINNIPEG, MAN	F: 35	Runner	1847	00:34:44.00	06:56	8.6kph	Overall Female Runner: 35
69	RANDAL BODNER	WINNIPEG, MAN	M: 34	Runner	1732	00:35:01.74	07:00	8.6kph	Overall Male Runner: 34
70	STUART HAMPSON	NAROL, MAN	M: 35	Runner	1772	00:35:45.75	07:09	8.4kph	Overall Male Runner: 35
71	VIOLA KLASSEN	WINNIPEG, MAN	F: 36	Runner	1257	00:36:26.15	07:17	8.2kph	Overall Female Runner: 36
72	ROWELL PUNZALAN	WINNIPEG, MAN	M: 36	Runner	1282	00:36:48.84	07:21	8.1kph	Overall Male Runner: 36
73	KIMBERLY CARRIER	WINNIPEG, MAN	F: 37	Runner	1225	00:37:27.19	07:29	8.0kph	Overall Female Runner: 37
74	JAMES OTT	WINNIPEG, MAN	M: 37	Runner	1277	00:37:29.40	07:29	8.0kph	Overall Male Runner: 37
75	JEFF JONES	WINNIPEG, MAN	M: 38	Runner	1251	00:37:36.67	07:31	8.0kph	Overall Male Runner: 38
76	CLEMUS LAURILA	WINNIPEG, MAN	F: 38	Runner	1261	00:38:00.40	07:36	7.9kph	Overall Female Runner: 38
77	DEBBIE FELGATE-STONE	WINNIPEG, MAN	F: 39	Runner	1238	00:39:11.80	07:50	7.7kph	Overall Female Runner: 39
78	MARIA MITOUSIS	WINNIPEG, MAN	F: 40	Runner	1275	00:39:34.86	07:54	7.6kph	Overall Female Runner: 40
79	STASA VEROUKIS-REGINA	WINNIPEG, MAN	F: 41	Runner	1721	00:39:34.90	07:54	7.6kph	Overall Female Runner: 41
80	MANDY SHEW	WINNIPEG, MAN	F: 42	Runner	1816	00:40:04.51	08:00	7.5kph	Overall Female Runner: 42
81	AMANDA LUCAS	WINNIPEG, MAN	F: 43	Runner	1267	00:40:45.77	08:09	7.4kph	Overall Female Runner: 43
82	CAROLINE TROWSDALE	WINNIPEG, MAN	F: 44	Runner	1719	00:40:46.43	08:09	7.4kph	Overall Female Runner: 44
83	MICHELLE COYSTON	WINNIPEG, MAN	F: 45	Runner	1230	00:40:46.50	08:09	7.4kph	Overall Female Runner: 45
84	MATTHEW LERCHER	WINNIPEG, MAN	M: 39	Runner	1265	00:40:48.97	08:09	7.4kph	Overall Male Runner: 39
85	CAROL NABANOBA MUSOKE	WINNIPEG, MAN	F: 46	Runner	1276	00:40:50.76	08:10	7.3kph	Overall Female Runner: 46
86	SARAH LUGTIG	WINNIPEG, MAN	F: 47	Runner	1268	00:42:39.32	08:31	7.0kph	Overall Female Runner: 47
87	DOROTHY ANTONIUK	WINNIPEG, MAN	F: 48	Runner	1205	00:43:37.43	08:43	6.9kph	Overall Female Runner: 48
88	CAROL DUBNICOFF	WINNIPEG, MAN	F: 49	Runner	1235	00:44:25.37	08:53	6.8kph	Overall Female Runner: 49
89	BRENNA DIXON	WINNIPEG, MAN	F: 50	Runner	1232	00:44:31.05	08:54	6.7kph	Overall Female Runner: 50
90	PAUL SEKANJAKO	WINNIPEG, MAN	M: 40	Runner	1290	00:45:24.55	09:04	6.6kph	Overall Male Runner: 40
91	JACK DUBNICOFF	WINNIPEG, MAN	M: 41	Runner	1236	00:46:55.06	09:23	6.4kph	Overall Male Runner: 41
92	SHANNON KANE	WINNIPEG, MAN	F: 51	Runner	1253	00:49:17.89	09:51	6.1kph	Overall Female Runner: 51
93	ROBERT MCCARTHY	MORRIS, MAN	M: 42	Runner	1756	00:49:37.00	09:55	6.0kph	Overall Male Runner: 42
94	SHAUNA MCCARTHY	MORRIS, MAN	F: 52	Runner	1272	00:49:37.05	09:55	6.0kph	Overall Female Runner: 52
95	SADIE BOND	WINNIPEG, MAN	F: 53	Runner	1217	00:49:37.17	09:55	6.0kph	Overall Female Runner: 53
96	CALLIE LAVALLEE	GIMLI, MAN	F: 54	Runner	1263	00:49:42.60	09:56	6.0kph	Overall Female Runner: 54
97	KAREN LAVALLEE	ST. ANDREWS, MAN	F: 55	Runner	1264	00:49:43.37	09:56	6.0kph	Overall Female Runner: 55
98	BAILEY LAVALLEE	SELKIRK, MAN	F: 56	Runner	1262	00:49:47.89	09:57	6.0kph	Overall Female Runner: 56
99	LISA CARSON	WINNIPEG, MAN	F: 57	Runner	1226	00:52:08.92	10:25	5.8kph	Overall Female Runner: 57
100	LORNE CARSON	WINNIPEG, MAN	M: 43	Runner	1227	00:52:09.25	10:25	5.8kph	Overall Male Runner: 43
101	KYLE KLASSEN	WINNIPEG, MAN	M: 44	Runner	1256	00:54:00.65	10:48	5.6kph	Overall Male Runner: 44
102	HARRY KLASSEN	WINNIPEG, MAN	M: 45	Runner	1254	00:54:25.32	10:53	5.5kph	Overall Male Runner: 45
103	JESSICA KLASSEN	WEST ST. PAUL, MAN	F: 58	Runner	1255	00:54:26.56	10:53	5.5kph	Overall Female Runner: 58
104	NANCY HAMPSON	NAROL, MAN	F: 59	Runner	1815	00:54:41.43	10:56	5.5kph	Overall Female Runner: 59
105	GLENN SCHMIDT	STONEWALL, MAN	M: 46	Runner	1287	00:54:51.93	10:58	5.5kph	Overall Male Runner: 46
106	JAIMEE SEKANJAKO	WINNIPEG, MAN	F: 60	Runner	1289	00:54:54.64	10:58	5.5kph	Overall Female Runner: 60
107	KYLE LAVALLEE	SELKIRK, MAN	M: 47	Runner	1742	00:55:28.99	11:05	5.4kph	Overall Male Runner: 47
108	ASHLEY WILSON	SELKIRK, MAN	F: 61	Runner	1741	00:56:19.90	11:15	5.3kph	Overall Female Runner: 61
109	DANIELLE HARLING	WINNIPEG, MAN	F: 62	Runner	1245	01:01:09.17	12:13	4.9kph	Overall Female Runner: 62
110	MONICA DANYLCHUK	HEADINGLEY, MAN	F: 63	Runner	1231	01:01:34.01	12:18	4.9kph	Overall Female Runner: 63
111	AMY DOWSETT	WINNIPEG, MAN	F: 64	Runner	1234	01:01:34.79	12:18	4.9kph	Overall Female Runner: 64
DQ	BARBARA-ANNE HODGE	LA SALLE, MAN	F: 65	Runner	1247	01:26:52.01	17:22	3.5kph	: