10K - Go For the Burn

ace Name 1 EDUARD BOJA	Hometown WINNIPEG, MAN	Gender M: 1	Type Runner	Bib # 644	Time 00:36:36.46	Pace 03:39	Speed 16.4kph	Division Rank Overall Male Runner: 1
I LDUAND DOUA	VVIININII LG, IVIAIN	Split Description		_			•	
		Finish	<u>Split Time</u> 00:36:36.066		<u>Pace</u>		<u>eed</u> kph	<u>Cumulative</u> 00:36:36.066
		Split 2	00:00:00.3		00:00		1.9kph	00:36:36.460
2 ZIMRAN AHMAD	WINNIPEG, CAN	M: 2	Runner	637	00:41:05.90	04:06	14.6kph	Overall Male Runner: 2
		Split Description	Split Tim	ne	<u>Pace</u>	Spe	eed	Cumulative
		Finish	00:20:28.2				kph	00:20:28.212
		Split 2	00:20:37.6	889	04:07	14.5	kph	00:41:05.901
3 JORDAN CHEZICK	WINNIPEG, MAN	M: 3	Runner	650	00:42:32.41	04:15	14.1kph	Overall Male Runner: 3
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	eed	Cumulative
		Finish	00:20:29.8	315		0.0	kph	00:20:29.815
	,	Split 2	00:22:02.6	502	04:24	13.6	Skph	00:42:32.417
4 JESUS TEJEDA	WINNIPEG, MAN	M: 4	Runner	685	00:43:40.85	04:22	13.7kph	Overall Male Runner: 4
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:21:47.6	645		0.0	kph	00:21:47.645
		Split 2	00:21:53.2	213	04:22	13.7	7kph	00:43:40.858
5 JOEY GARGARO	WINNIPEG, MAN	M: 5	Runner	658	00:45:23.33	04:32	13.2kph	Overall Male Runner: 5
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	<u>S</u> p	eed	Cumulative
		Finish	00:21:59.1				kph	00:21:59.172
		Split 2	00:23:24.1		04:40		Bkph	00:45:23.335
MITCH ROSSET	WINNIPEG, MAN	M: 6	Runner	680	00:47:12.93	04:43	12.7kph	Overall Male Runner: 6
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:24:02.7	720		0.0	kph	00:24:02.720
		Split 2	00:23:10.2	211	04:38	12.9	9kph	00:47:12.931
' ERIN ROLOFF	DAUPHIN, MAN	F: 1	Runner	679	00:47:28.25	04:44	12.6kph	Overall Female Runner:
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:23:58.7	794		0.0	kph	00:23:58.794
		Split 2	00:23:29.4	165	04:41	12.8	Bkph	00:47:28.259
KATHLEEN CAITHNESS	WINNIPEG, MAN	F: 2	Runner	647	00:48:32.76	04:51	12.4kph	Overall Female Runner:
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	eed	Cumulative
		Finish	00:24:10.5	579		0.0	kph	00:24:10.579
		Split 2	00:24:22.1	185	04:52	12.3	Bkph	00:48:32.764
CURTIS WEBER	WINNIPEG, MAN	M: 7	Runner	687	00:48:57.95	04:53	12.3kph	Overall Male Runner: 7
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	eed	<u>Cumulative</u>
		Finish	00:24:31.5	588		0.0	kph	00:24:31.588
,		Split 2	00:24:26.3	363	04:53	12.3	Bkph	00:48:57.951
0 COREY SORENSEN	WINNIPEG, MAN	M: 8	Runner	683	00:49:14.63	04:55	12.2kph	Overall Male Runner: 8
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:24:51.8				kph	00:24:51.821
		Split 2	00:24:22.8		04:52		Bkph	00:49:14.635
1 SAVANNAH BAIRD	WINNIPEG, MAN	F: 3	Runner	642	00:49:16.01	04:55	12.2kph	Overall Female Runner:
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	eed	Cumulative
		Finish	00:23:51.1				kph	00:23:51.165
		Split 2	00:25:24.8	350	05:04		Bkph	00:49:16.015
2 CARLA MANFREDI	WINNIPEG, MAN	F: 4	Runner	672	00:50:05.43	05:00	12.0kph	Overall Female Runner:
		Split Description	Split Tim	<u>ie</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:24:33.5				kph	00:24:33.587
		Split 2	00:25:31.8		05:06		3kph	00:50:05.438
3 DANIEL LOEWEN	MORDEN, MAN	M: 9	Runner	670	00:50:34.62	05:03	11.9kph	Overall Male Runner: 9
		Split Description	Split Tim		<u>Pace</u>		<u>eed</u>	Cumulative
		Finish	00:25:13.3				kph	00:25:13.390
		Split 2	00:25:21.2		05:04		3kph	00:50:34.625
4 LINDSAY WALKER	WINNIPEG, MAN	F: 5	Runner	686	00:50:41.06	05:04	11.8kph	Overall Female Runner:
		Split Description	Split Tim		<u>Pace</u>		<u>eed</u>	<u>Cumulative</u>
		Finish	00:25:55.9		0.4==		kph	00:25:55.994
		Split 2	00:24:45.0		04:57		kph	00:50:41.065
5 IAN TAYLOR	WINNIPEG, CAN	M: 10	Runner	689	00:51:19.50	05:07	11.7kph	Overall Male Runner: 10
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:26:21.1				kph	00:26:21.197
		Split 2	00:24:58.3		04:59)kph	00:51:19.503
6 CRYSTAL ANTILA	WINNIPEG, MAN	F: 6	Runner	640	00:52:01.66	05:12	11.5kph	Overall Female Runner:
		Split Description	Split Tim	<u>1e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
		Finish	00:26:05.0	054		0.0	kph	00:26:05.054
		1 11 11 01 1	00.20.00.0			0.0		00.20.00.00

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HAN KLASSEN THAN SPACEK TO MILANI HJOT GHUMAN MANALO	WINNIPEG, MAN WINNIPEG, MAN WINNIPEG, MAN	Split Description Finish Split 2 F: 8 Split Description Finish Split 2 M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 Split Description Finish Split 2 Split Description Finish Split 2 M: 13	Split Time 00:25:58.178 00:26:35.241 Runner 665 Split Time 00:24:58.476 00:27:40.362 Runner 684 Split Time 00:25:47.806 Runner 675 Split Time 00:26:06.542	Pace 05:19 00:52:38.83 Pace 05:32 00:53:18.86 Pace 05:09 00:53:33.70	\$\frac{\mathbb{Speed}}{0.0kph}\$ 11.3kph 05:15	<u>Cumulative</u> 00:24:58.476 00:52:38.838
HAN SPACEK N MILANI JOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	F: 8 Split Description Finish Split 2 M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	00:26:35.241 Runner 665 <u>Split Time</u> 00:24:58.476 00:27:40.362 Runner 684 <u>Split Time</u> 00:27:31.059 00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542	00:52:38.83 <u>Pace</u> 05:32 00:53:18.86 <u>Pace</u> 05:09	11.3kph 05:15 11.4kph <u>Speed</u> 0.0kph 10.8kph 05:19 11.3kph <u>Speed</u> 0.0kph 11.6kph	00:52:33.419 Overall Female Runner: 8 Cumulative 00:24:58.476 00:52:38.838 Overall Male Runner: 11 Cumulative
HAN SPACEK N MILANI JOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	F: 8 Split Description Finish Split 2 M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	Runner 665 <u>Split Time</u> 00:24:58.476 00:27:40.362 Runner 684 <u>Split Time</u> 00:27:31.059 00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542	00:52:38.83 <u>Pace</u> 05:32 00:53:18.86 <u>Pace</u> 05:09	05:15 11.4kph <u>Speed</u> 0.0kph 10.8kph 05:19 11.3kph <u>Speed</u> 0.0kph 11.6kph	Overall Female Runner: 8 Cumulative 00:24:58.476 00:52:38.838 Overall Male Runner: 11 Cumulative
HAN SPACEK N MILANI JOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	Split Description Finish Split 2 M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	Split Time 00:24:58.476 00:27:40.362 Runner 684 Split Time 00:27:31.059 00:25:47.806 Runner 675 Split Time 00:26:06.542	Pace 05:32 00:53:18.86 Pace 05:09	<u>Speed</u> 0.0kph 10.8kph 05:19 11.3kph <u>Speed</u> 0.0kph 11.6kph	Cumulative 00:24:58.476 00:52:38.838 Overall Male Runner: 11 Cumulative
:N MILANI IJOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	Finish Split 2 M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	00:24:58.476 00:27:40.362 Runner 684 <u>Split Time</u> 00:27:31.059 00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542	05:32 00:53:18.86 <u>Pace</u> 05:09	0.0kph 10.8kph 05:19 11.3kph Speed 0.0kph 11.6kph	00:24:58.476 00:52:38.838 Overall Male Runner: 11 Cumulative
:N MILANI IJOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	M: 11 Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	Runner 684 <u>Split Time</u> 00:27:31.059 00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542	00:53:18.86 <u>Pace</u> 05:09	05:19 11.3kpt <u>Speed</u> 0.0kph 11.6kph	Overall Male Runner: 11 <u>Cumulative</u>
:N MILANI IJOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	Split Description Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	Split Time 00:27:31.059 00:25:47.806 Runner 675 Split Time 00:26:06.542	<u>Pace</u> 05:09	<u>Speed</u> 0.0kph 11.6kph	Cumulative
IJOT GHUMAN	WINNIPEG, MAN WINNIPEG, MAN	Finish Split 2 M: 12 Split Description Finish Split 2 M: 13	00:27:31.059 00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542	05:09	0.0kph 11.6kph	
IJOT GHUMAN	WINNIPEG, MAN	Split 2 M: 12 Split Description Finish Split 2 M: 13	00:25:47.806 Runner 675 <u>Split Time</u> 00:26:06.542		11.6kph	00:27:31.059
IJOT GHUMAN	WINNIPEG, MAN	M: 12 <u>Split Description</u> Finish Split 2 M: 13	Runner 675 <u>Split Time</u> 00:26:06.542		·	00 50 40 005
IJOT GHUMAN	WINNIPEG, MAN	Split Description Finish Split 2 M: 13	<u>Split Time</u> 00:26:06.542	00:53:33.70	05:04 44 Okok	00:53:18.865 Overall Male Runner: 12
	WINNIPEG, MAN	Finish Split 2 M: 13	00:26:06.542	_	05:21 11.2kph	
		Split 2 M: 13		<u>Pace</u>	<u>Speed</u> 0.0kph	<u>Cumulative</u> 00:26:06.542
			00:27:27.159	05:29	10.9kph	00:53:33.701
MANALO		Callé Danada d'a	Runner 660	00:53:55.43	05:23 11.1kph	Overall Male Runner: 13
MANALO	,	Split Description	Split Time	Pace	Speed	Cumulative
MANALO		Finish	00:27:28.441		0.0kph	00:27:28.441
MANALO		Split 2	00:26:26.989	05:17	11.3kph	00:53:55.430
	WINNIPEG, MAN	M: 14	Runner 671	00:53:59.65	05:23 11.1kph	Overall Male Runner: 14
		Split Description	Split Time	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Finish	00:27:27.267	05.40	0.0kph	00:27:27.267
LIDTA	WINNIDEC CAN	Split 2	00:26:32.383	05:18	11.3kph	00:53:59.650
SUPTA	WINNIPEG, CAN	M: 15	Runner 691	00:54:48.76	05:28 10.9kph	
		Split Description	Split Time	<u>Pace</u>	Speed	Cumulative
		Finish Split 2	00:25:45.827 00:29:02.934	05:48	0.0kph 10.3kph	00:25:45.827 00:54:48.761
E RAMOTAR	WINNIPEG, CAN	F: 9	Runner 690	00:55:15.91	05:31 10.9kph	
	•	Split Description	Split Time	Pace	Speed	Cumulative
		Finish	00:28:37.652	1 400	0.0kph	00:28:37.652
		Split 2	00:26:38.262	05:19	11.3kph	00:55:15.914
TIAN DE LEON	WINNIPEG, MAN	M: 16	Runner 654	00:55:46.62	05:34 10.8kph	Overall Male Runner: 16
		Split Description	Split Time	<u>Pace</u>	<u>Speed</u>	Cumulative
		Finish	00:28:50.783	25.00	0.0kph	00:28:50.783
IOLI AND	WANDED MAN	Split 2	00:26:55.838	05:23	11.1kph	00:55:46.621
HOLLAND	WINNIPEG, MAN	M: 17	Runner 663	00:56:12.45	05:37 10.7kph	
		Split Description Finish	<u>Split Time</u> 00:26:23.600	<u>Pace</u>	<u>Speed</u> 0.0kph	<u>Cumulative</u> 00:26:23.600
		Split 2	00:29:48.850	05:57	10.1kph	00:26:23:000 00:56:12.450
SANTOS	WINNIPEG, MAN	F: 10	Runner 681	00:56:33.16	05:39 10.6kph	Overall Female Runner: 10
		Split Description	Split Time	<u>Pace</u>	Speed	Cumulative
		Finish	00:27:18.170	<u>/ 400</u>	0.0kph	00:27:18.170
		Split 2	00:29:14.995	05:50	10.3kph	00:56:33.165
S SHEARER	DAUPHIN, MAN	F: 11	Runner 682	00:56:36.85	05:39 10.6kph	n Overall Female Runner: 11
		Split Description	Split Time	<u>Pace</u>	<u>Speed</u>	Cumulative
		Finish	00:28:02.312	05.40	0.0kph	00:28:02.312
NE KULVK	WINNIDEC MAN	Split 2	00:28:34.545	05:42	10.5kph	00:56:36.857
NE KULYK	WINNIPEG, MAN	F: 12	Runner 669	00:58:34.19	05:51 10.2kph	
		Split Description Finish	<u>Split Time</u> 00:28:57.194	<u>Pace</u>	<u>Speed</u> 0.0kph	<u>Cumulative</u> 00:28:57.194
		Split 2	00:29:37.005	05:55	0.0kpri 10.1kph	00:58:34.199
	WINNIPEG, MAN	F: 13	Runner 641	00:59:10.86	05:55 10.1kph	•
AIRD	-,				•	Cumulative
AIRD		Finish	00:29:36.610		0.0kph	00:29:36.610
AIRD		Split 2	00:29:34.252	05:54	10.1kph	00:59:10.862
	GONOR, MAN	F: 14	Runner 651	00:59:32.96	05:57 10.1kph	Overall Female Runner: 14
AIRD HLIBOYKO		Split Description	Split Time	<u>Pace</u>	<u>Speed</u>	Cumulative
		Finish	00:29:18.679		0.0kph	00:29:18.679
		Split 2	_			00:59:32.969
HLIBOYKO	140111111111111111111111111111111111111			01:01:26.05	06:08 9.8kph	
	WINNIPEG, MAN	Split Description	Split Time	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
HLIBOYKO	•		00.00.01			00:30:04.116
ΛIF		IBOYKO GONOR, MAN	IBOYKO GONOR, MAN F: 14 Split Description Finish Split 2 Split Description Epinish Split 2 WINNIPEG, MAN M: 18	Split Description Split Time 00:29:36.610 Split 2 20:29:34.252 IBOYKO GONOR, MAN F: 14 Runner 651 Split Description Split Time 00:29:18.679 Split 2 00:30:14.290 MITTE WINNIPEG, MAN M: 18 Runner 688 Split Description Split Time Split Description Split Time Constitution Constitu	Split Description Split Time Pace	Split Description

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	Name	Hometown	Gender E: 15	Type	Bib#	7ime	Pace	Speed		rision Rank
33	CAMILLE DALY	WINNIPEG, MAN	F: 15	Runner	653	01:01:40.60	06:10	9.7kph		emale Runner: 15
			<u>Split Description</u> Finish	<u>Split Tin</u> 00:29:55.9	_	<u>Pace</u>		<u>eed</u> kph	<u>Cumulative</u> 00:29:55.909	
			Split 2	00:31:44.6		06:20		kph	01:01:40.603	
34	VICTORIA BLOOMFIELD	WINNIPEG, MAN	F: 16	Runner 643		01:02:17.37	06:13 9.6kph		Overall F	emale Runner: 16
			Split Description	Split Tin	<u>ie</u>	<u>Pace</u>	Sp	eed	Cumulative	
			Finish	00:29:54.752				kph	00:29:54.752	
	011111111111111111111111111111111111111		Split 2	00:32:22.6		06:28		kph	01:02:17.374	
35	SHAWNA PFEFFER	WINNIPEG, MAN	F: 17	Runner 678		01:02:18.25		9.6kph		emale Runner: 17
			<u>Split Description</u> Finish	<u>Split Tin</u> 00:29:55.2		<u>Pace</u>		eed lab	<u>Cumulative</u> 00:29:55.216	
			Split 2	00:32:23.0		06:28		kph kph	01:02:18.252	
36	JEFFREY HARRIS	WINNIPEG, MAN	M: 19	Runner 662		01:02:18.25		9.6kph		Male Runner: 19
		·	Split Description	Split Tin	<u>ie</u>	<u>Pace</u>	Sp	eed .	Cumulative	
			Finish	00:30:48.5	_			kph	00:30:48.504	
			Split 2	00:31:29.7	748	06:17		kph	01:02:18.252	
37	KENNEDY CHAMBERS	WINNIPEG, MAN	F: 18	Runner	649	01:02:33.42	06:15	9.6kph	Overall F	emale Runner: 18
			Split Description	Split Tin		<u>Pace</u>		eed	Cumulative	
			Finish	00:30:26.1 00:32:07.2		06:25		kph kph	00:30:26.126 01:02:33.421	
20	JARRETT CHAMBERS	WINNIPEG, MAN	Split 2		648	01:02:34.00		kph 0 6kph		Male Runner: 20
38	JARRETT CHAMBERS	WINNIPEG, MAN	M: 20	Runner				9.6kph		iviale Runner. 20
			Split Description Finish	<u>Split Tin</u> 00:30:25.1		<u>Pace</u>		e ed kph	<u>Cumulative</u> 00:30:25.180	
			Split 2	00:30:23.		06:25		kph	01:02:34.009	
39 J	JEFF KLASSEN	WEST ST. PAUL, MAN	M: 21	Runner	664	01:02:40.04		9.6kph	Overall	Male Runner: 21
			Split Description	Split Tin	ne	Pace	<u>Speed</u>		Cumulative	
			Finish	00:26:29.9		<u>/ 400</u>		kph	00:26:29.939	
			Split 2	00:36:10.1	103	07:14	8.3	kph	01:02:40.042	
40 、	JOHANNA KROETSCH	WINNIPEG, MAN	F: 19	Runner	668	01:03:12.86	06:19	9.5kph	Overall F	emale Runner: 19
			Split Description	Split Tin	<u>ne</u>	<u>Pace</u>	Sp	eed	<u>Cumulative</u>	
			Finish	00:30:50.8				kph 	00:30:50.842	
44	IODY DUTTEDELL D	LAUDIED MAN	Split 2	00:32:22.0		06:28		kph	01:03:12.868	l - D 00
41	JODY BUTTERFIELD	LAURIER, MAN	F: 20	Runner	646	01:04:42.23		9.3kph		emale Runner: 20
			<u>Split Description</u> Finish	Split Tin		<u>Pace</u>	<u>Speed</u> 0.0kph		<u>Cumulative</u>	
			Finish Split 2	00:31:58.5 00:32:43.7		06:32		крп kph	00:31:58.515 01:04:42.237	
42	KHALID AHMAD	WINNIPEG, MAN	M: 22	Runner	638	01:07:33.42		8.9kph		Male Runner: 22
			Split Description	Split Tin		Pace		eed	Cumulative	
			Finish	00:33:11.5		<u> 7 400</u>		kph	00:33:11.502	
			Split 2	00:34:21.9	919	06:52	8.7	kph	01:07:33.421	
43	DIANE KOWERKO	WINNIPEG, MAN	F: 21	Runner	667	01:09:54.76	06:59	8.6kph	Overall F	emale Runner: 21
			Split Description	Split Tin	<u>1e</u>	<u>Pace</u>	Sp	<u>eed</u>	<u>Cumulative</u>	
			Finish	00:34:33.8		07:04		kph	00:34:33.800	
11	CHRIS MAXEMUCK	I ODETTE WEST	Split 2	00:35:20.9		07:04		kph 8 Ekph	01:09:54.765 Overall	Mala Punnari 22
44	OT INTO IVIANEIVIUUN	LORETTE WEST, MAN		Runner 673		01:10:20.74		8.5kph		Male Runner: 23
			Split Description	Split Tin		<u>Pace</u>		<u>eed</u> koh	<u>Cumulative</u>	
			Finish Split 2	00:32:03.1 00:38:17.6		07:39		kph kph	00:32:03.101 01:10:20.745	
45	FAYROSE ABAS	WINNIPEG, MAN	F: 22	Runner	636	01:16:48.36		7.8kph		emale Runner: 22
. •			Split Description	Split Tin		<u>Pace</u>		eed	Cumulative	
			Finish	00:37:47.1		<u>, 400</u>		kph	00:37:47.103	
			Split 2	00:39:01.2		07:48		kph	01:16:48.362	
46	REG BROWN	WINNIPEG, MAN	M: 24	Runner 645		01:19:33.50	07:57	7.5kph	Overall	Male Runner: 24
			Split Description	Split Tin	<u>1e</u>	<u>Pace</u>	Sp	eed	Cumulative	
			Finish	00:40:23.6				kph	00:40:23.684	
			Split 2	00:39:09.8		07:49		kph	01:19:33.502	