

PROGRAM

“Not All Scars Are Visible”

Friday, October 19

Location:

| | | |
|----------|---|-------------|
| 12:00 pm | Registration | Courtyard |
| 1:15 pm | Welcome | 4 |
| 1:30 pm | Kelly`s Story – Kelly Falardeau | 4 |
| 2:30 pm | Internet Dangers- Sara-Jane Milne | 4 |
| 3:15 pm | Break | |
| 3:30 pm | The Firefighters Burn Fund: Who They Are & What They Do- Martin Johnson & Jim Abram | 4 |
| 4:30 pm | Health Care Professionals Sharing Circle Survivors Sharing Circle Family and Friends Sharing Circle | 4 D E |
| 5:30 pm | Wrap-up | 4 |
| 7:00 pm | Hospitality Suite sponsored by <i>Century 21 Carrie.com</i> | TBA |

Silent Auction in G; Babysitting in K
Displays in Courtyard.

Keynote Speaker – Kelly Falardeau

Kelly Falardeau is a burn survivor since the age of two-years-old on 75% of her body and constantly struggled with her self-worth and confidence. She found a way to go from near-death to success; from the ugly scar-faced girl to the Top 10 Most Powerful and Influential Speaker, Fierce Woman of the Year, an International Best-Selling Author (4x), recipient of the Queen Elizabeth II Diamond Jubilee Medal and most recently a YWCA Woman of Distinction. She has also travelled to Africa twice to help the burn survivors recover from their tragic injuries and recently her life story launched on AMI-TV as a documentary called “Still Beautiful”. You have to ask yourself how? How did a burn survivor who constantly struggled with rejection, staring and teasing burst through all the negativity in her life to succeed? You have to hear her speak or read her books to learn the stories of how she did it.



Sara- Jane Milne – Occupational Therapist

Sara-Jane Milne obtained her Bachelor of Medical Rehabilitation (Occupational Therapy) Degree in 2002 from the University of Manitoba. She has worked at Children's Hospital in Winnipeg for the past 16 years in a variety of service areas but her passion is working with children who have had burn injuries. She is a member of the American Burn Association and has served on the Aftercare Reintegration Committee. She has been an active member of the planning committee for both the Mamingwey Burn Survivor Conferences as well as for Camp Phoenix summer and winter burn camps for children and young adults. Sara-Jane also works in private practice with Personal Best Therapy and has been a guest lecturer at University of Manitoba since 2012 in the areas of hand and burn injuries.

Jim Abram- Fire fighter

Jim has been a firefighter since 1983. He was a volunteer firefighter in The Pas MB from 1983-1995. In 1991, He became a fire fighter at The Pas Airport. In 1995, he transferred to Winnipeg Airport where he is currently a Captain. He also joined the FFBF in 2002 and is currently 1st Vice-Chair.

Martin Johnson- Retired Firefighter & President of the Fire Fighters Burn Fund.

Martin is married to his wife Jackie (1962). They have 3 children and 6 grandchildren. Martin was a Firefighter for 41 years with the Winnipeg Fire Department, retiring in 2003 with the rank of Platoon Chief. He has been active politically, mainly in Provincial politics, serving as Official Agent in two consecutive elections. Martin is a lifelong member of the United Firefighters of Winnipeg, serving on their Executive for 26 years, 8 of them as Vice President.

Martin is a co-founder in 1978 of the Firefighters' Burn Fund, having held positions as Secretary Treasurer, and since 2003, that of Chairman. Together with Val Blank, Head Nurse of CK3, they created one of the first Children's Burn Camps in Canada in 1986. He was a Director with the Casera Credit Union for 18 years, completing his service as Secretary to the Board. He served as Cub Scout Leader for 8 years with 3rd Transcona. The Cubs named him Mowgli. Martin was on the Committee that developed the concept of the Steve Perchyshyn Fire Rescue House in the North End for families who had lost their homes to fire, and convinced the Burn Fund Board to invest in its development. He worked as Ice Convenor for Transcona Ringette, and served as President for one term. Martin has been and continues to serve on different committees with the Office of the Fire Commissioner. He gained the support of Red River Mutual and the Office of the Fire Commissioner to co-fund (at a cost of \$1,000,000.00+) and distribute 21 Fire Safety Trailers to Fire Departments throughout Manitoba. Martin has been recognized for his service, having received acknowledgement and awards for over 40 years of Meritorious Service with the Fire Department, the Joe Hickey award from the Phoenix Society, The John A. Moncrief award from the American Burn Association, a citation from the Occupational Therapists of Manitoba, the Queen Elizabeth Gold and Silver Jubilee Medals, and the Provincial Order of Manitoba.

He was also a founding member of the committee that created Mamingwey.

Saturday, October 14

Location:

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| 8:30 am | Breakfast | 4 |
| 9:00 am | Welcome | 4 |
| 9:15 am | All Scars are Not Visible- Kelly Falardeau | 4 |
| 10:15 am | Break | |
| 10:45 am | Panel Discussion “Not All Scars Are Visible” | 4 |
| 11:45 am | Group Picture | Courtyard |
| 12:00 pm | Lunch - Go for the Burn Run Merch available! | Tijuana Yacht Club |
| 1:00 pm | Vicarious Trauma- Sandi Mitchell | 4 |
| 2:00 pm | Mindfulness- Narda Singh | 4 |
| 3:00 pm | Break | |
| 3:15 pm | Survivor Sharing Circle | D |
| | Professional Sharing Circle | 4 |
| | Family & Friends Sharing Circle | E |
| | | 4 |
| 4:30 pm | Wrap up | |
| 5:30 pm | Cash Bar | Tijuana Yacht Club |
| 6:00 pm | Dinner | Tijuana Yacht Club |
| 7:00 pm | Entertainment: Jazz Trio & Silent Auction Draw | Tijuana Yacht Club |

Sandi Mitchell R.N. B.N.

Sandi is presently the Lead, Organizational Development Consultant, for the Winnipeg Regional Health Authority. She has worked extensively in the areas of strategic planning, leadership development, change management, critical incident stress management, team performance, and all the “people issues” that are part and parcel of management. She has had a private counseling and consulting practice for over 25 years and is a preceptor with the Department of Family Medicine, at the University of Manitoba.

Over her career of 35 + years, Sandi has worked as a Public Health and Home Care Nurse, a Rehabilitation Counselor in Addictions, an Employee Assistance Counselor and Organizational Development Consultant with Blue Cross and both the Federal and Municipal Governments, and, as a Manager of Human Resources.

Narda Singh, M.A. RCC E-RYT

Narda completed a Masters Degree in Counselling Psychology in 2005 from Pacifica Graduate Institute in Santa Barbara, California. She is a Registered Clinical Counsellor who has been in private practice for over fourteen years offering individual, couples and family therapy. She is also an Experienced and Registered Yoga Alliance Teacher having completed training at the Semperviva Yoga College in Vancouver in 2009 as well as additional specialized yoga training. Narda is a recognized Mindfulness Instructor and she continues to facilitate mindfulness based sessions through private and public health and wellness agencies. She is also involved in the training, mentoring and support of teachers within the Mindfulness communities in Canada.

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See you all back here next year, October 18 and 19, 2019!